

**WEEK
1**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



**OPTION
1**

**OPTION
2**

**SAMMY'S
SPUDS**

**SANDWICH
OPTION**

CARBS

**CLASSIC
DESSERT**

**SAMMY'S
HEALTHY SNACKS**

Beef Burger
Bap (H)

Chicken
Biryani (H)

Roast Chicken
(H), Stuffing
& Gravy

Ocean Friendly
Fish Selection

Wholemeal
Cheese &
Tomato Pizza (v)

Pasta
Neapolitan (v)

Quorn
Nuggets (v)

Samosa (v)

Plant Based
Meatballs in
Tomato Sauce (v)

Chicken Tikka
Wrap (H)

Jacket Potato with
Cheese & Beans (v)

Jacket Potato
with Cheese &
Coleslaw (v)

Jacket Potato with
Cheese & Beans (v)

Jacket Potato
with Tuna Mayo
or Cheese (v)

Jacket Potato
with Cheese (v)

Tuna or Cheese Sandwich Bap served with Nachos & Salad

Potato Wedges
or Pasta

Herby Diced
Potatoes

Mashed &
Roast Potatoes

Herby Diced
Potatoes

Chips

Pancake with
Sauce

Lemon Drizzle
Cake

Muffin
Selection

Chocolate
Brownie 🌱

Fruity Jelly

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

🌱 = Hidden Veg
(v) = Vegetarian
(ve) = Vegan
(H) - Halal

Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread.
Bob Snail fruit rolls & strips, fresh fruit salads & yoghurt available daily.



SHIRE | **FRESH**
services | dining

**WEEK
2**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



**OPTION
1**

**OPTION
2**

**SAMMY'S
SPUDS**

**SANDWICH
OPTION**

CARBS

**CLASSIC
DESSERT**

**SAMMY'S
HEALTHY SNACKS**

Chicken
Burger (H)

Lamb Shish Kebab
with Mint Yoghurt (H)

Roast Chicken
(H), Yorkshire
Pudding & Gravy

Salmon Pasta with
Garlic Bread

Wholemeal
Cheese &
Tomato Pizza (v)

Veggie
Burger (v)

Tomato Pasta
Bake 🌱 (v)

Roasted Vegetable
Parcel (v)

Classic Favourite
Sausage Roll (ve)

Crispy Quorn
Dippers (ve)

Jacket Potato with
Cheese & Beans (v)

Jacket Potato
with Cheese &
Coleslaw (v)

Jacket Potato with
Cheese & Beans (v)

Jacket Potato
with Tuna Mayo
or Cheese (v)

Jacket Potato
with Cheese (v)

Tuna or Cheese Sandwich Bap served with Nachos & Salad

Potato Wedges
or Pasta

Bombay
Potatoes

Mashed &
Roast Potatoes

Potato
Crunchies

Chips

Doughnut

Iced Cake with
Sprinkles

Cookie
Selection

Chocolate
Brownie 🌱

Fruit Sorbet

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

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services | dining

**WEEK
3**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



**OPTION
1**

**OPTION
2**

**SAMMY'S
SPUDS**

**SANDWICH
OPTION**

CARBS

**CLASSIC
DESSERT**

**SAMMY'S
HEALTHY SNACKS**

Chicken
Nuggets (H)

Original Chicken
Tikka Masala
(H)

Chicken Sausage
(H) & Gravy

Ocean Friendly
Fish Selection

Wholemeal
Cheese &
Tomato Pizza (v)

Pasta
Neapolitan (v)

Cheese &
Onion Roll (v)

Veggie Sausage
& Gravy (v)

Oven Baked
Mac 'n' Cheese
& Garlic Bread (v)

Peri Peri Chicken
Wrap (H)

Jacket Potato with
Cheese & Beans (v)

Jacket Potato
with Cheese &
Coleslaw (v)

Jacket Potato with
Cheese & Beans (v)

Jacket Potato
with Tuna Mayo
or Cheese (v)

Jacket Potato
with Cheese (v)

Tuna or Cheese Sandwich Bap served with Nachos & Salad

Herby Diced
Potatoes

Brown &
White Rice

Mashed
Potatoes

Potato
Wedges

Chips

Waffle with
Sauce

Chocolate
Crowns

Ice Cream

Flapjack
Selection

Fruity Jelly

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

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